

Ice Blended Drinks

Mocha Latte Vanilla Latte Caramel Macchiato
White Chocolate Latte

Fruit Smoothies:

Strawberry Banana, Strawberry, Wildberry, Mango, Peach, Acai,
Pomegranate, Blueberry, Very Cherry
Small \$3.49 Medium \$3.99 Large \$4.49

NEW Ice Cream Latte

Mocha Latte Vanilla Latte Caramel Macchiato
White Chocolate Latte
Small \$3.99 Medium \$4.49 Large \$5.49

Ice Drinks

Ice Brewed Coffee Iced Tea Soft Drinks
Small \$1.39 Medium \$1.69 Large \$1.89
Add Flavor.....50¢

Espresso Coffees

Served Hot or Cold

Espresso Single \$1.29 Double \$1.89
Latte Regular Cappuccino Chai Tea Latte
Small \$2.49 Medium \$3.09 Large \$3.59
Mocha Latte Vanilla Latte Caramel Macchiato
White Chocolate Latte
Small \$2.89 Medium \$3.49 Large \$3.99
Americano \$1.89

Brewed Coffee & Teas

Frida's House Blend Frida's Dark Roast Blend
Decaf Hot Teas
Small \$1.49 Medium \$1.79 Large 20oz \$1.95
Coffee by the pound \$8.99/lb Flavored Shots 50¢

Hot Chocolate

Made with fresh milk & chocolate syrup
Small \$2.09 Medium \$2.29 Large \$2.49

Cookies

Chocolate Chip, Peanut butter, Oatmeal Raisin, sugar
99¢ ea. or \$7.99 per dz.

Gourmet European Cookie Box \$25.00 Pecan Bar \$1.69
European Cookies, Swedish Dream \$1.49
Swedish Biscotti \$1.49 Chinese Tea Biscuit \$1.29
Date Bars \$1.49 Coconut Macaroons \$1.29
Pecan Turtles \$1.74 Almond Cookies 99¢
Almond Crescent, Raspberry Almond Canoe \$1.86

Cakes & Tortes

Carrot, Raspberry, Chocolate Suicide, Boston Cream,
German Chocolate, Coconut, Oreo, Mocha, Lemon,
Strawberry Shortcake, Orange Tort,
Black Forest & Italian Rum,
Chocolate Flourless Torte
Fresh Fruit Torte
Individual European Tortes and Mousse
NEW! Individual Sugar Free Desserts

(All above cakes & tortes available in 6" & 10")

European Tortes

(Individual Servings)

Strawberry Shortcake \$3.99
Chocolate Suicide \$3.50
Chocolate Mousse \$3.50
Carrot Cake \$3.50
Tiramisu \$3.50
Individual Cheesecake \$3.99
Sugar Free Cappuccino \$3.99
Sugar Free Chocolate Suicide \$3.99
Sugar Free Black Forest \$3.99
Raspberry Biscotti Cheesecake \$4.29
Strawberry Cheesecake \$4.29
Flourless Chocolate (Gluten Free) \$3.99
And More....



Free Wi Fi

Breakfast & Lunch Sandwiches
European Pastries • Desserts
Sugar Free Desserts
Coffees • Lattes • Frozen Drinks
Catering Trays

9700 Ulmerton Road
Largo, FL
727-587-7077
www.fridascafe.com

Hours of Operation

Monday - Saturday
6:00 am - 7:00 pm
Sunday
7:00 am - 5:00 pm

"Going Green"

Proud to be an Eco-Friendly Establishment

Price subject to change without notice

Breakfast Pastries

- Donuts** \$1.19 ea. \$5.29 ½ dz. \$7.29 dz.
Bagels 99¢, w/cream cheese or butter \$1.99
Gourmet Muffins & Danish (prices vary)
Croissants \$1.69 **European Danish** \$1.69
Sticky Buns \$1.69 **Cinnamon Buns** \$1.69 **Scones** \$1.69
Strudel Slice \$1.69 **Pie Crust Turnovers** \$1.99

Breakfast Sandwiches

- Egg & Cheese Panini**
Bacon, Egg & Cheese Panini,
Ham, Egg & Cheese Panini or
Sausage, Egg & Cheese Panini \$3.49
(also available on Bagel or Croissant .20¢ extra)
- Spinach Parisian Panini** \$5.99
Potato-egg Parisian patti, chipotle sauce, spinach, sliced tomato & provolone cheese
- Bacon Parisian Panini** \$5.99
Potato-egg Parisian patti, chipotle sauce, bacon & cheddar cheese
- Breakfast Fantasy Wrap** \$5.99
Bacon, egg, provolone cheese, chopped onions, tomatoes, in a tomato basil wrap (available in ham, sausage or turkey)
- Smoked Salmon on Toasted Bagel** \$6.49
with caper cream cheese, lettuce, tomato and onion
- Quiche Slices** \$4.49
Ham & Swiss or Garden Vegetable
Spinach, Mushroom, Tomato & Asiago Cheese
(10" Whole Quiche \$32.00)
- NEW!** **Parisian Potato Egg Soufflé** \$3.99
Spinach, tomato, provolone cheese
- Parisian Potato Egg & Bacon Soufflé** \$3.99
with cheddar cheese

Cold Lunch Sandwiches

Homemade Chicken Salad	\$5.99
Homemade Albacore Tuna	\$5.99
Homemade Roasted Pepper Turkey	\$5.99
Homemade Roasted Angus Beef	\$6.19
Maple Ham	\$5.99
Corned Beef	\$6.19
Chicken Avocado Salad (Mayo Free)	\$6.99

Choice of Bread: Wheat, White, Rye, Pumpernickle, 8 Grain, French Hoagie, Croissant, Bagel or Tomato Basil Wrap

Choice of Toppings: Lettuce, Tomatoes, Onions, Sprouts, Pickle, Cucumber, Mayo, Mustard, Spicy Mustard

Choice of Cheese: Cheddar, Provolone, Swiss, Gouda

Frida's Signature Sandwich

- La Torta Slices** \$4.49
 (Tuna Salad or Chicken Salad)
A layered sandwich filled with Tuna or Chicken Salad, cheddar cheese, dressed with cucumbers, tomatos & alfalfa sprouts

Fusion Entrees

- Lemon Herb Chicken Breast** \$6.99
Roasted fresh chicken breast with natural herbs, served with yukon puppies, mint lime salad, coconut bread (or a chicago roll)
- South West Breaded Chicken Breast** \$6.99
with natural spices, served with yukon puppies, mint lime salad, coconut bread (or a chicago roll)
- NEW!** **Homemade Lasagna** \$5.99
w/side of coconut bread (choice of lean beef or portabella & spinach)

Hot Panini Sandwiches

- Fiesta Panini** \$6.59
Fresh avacado, tomato, swiss cheese, chipotle mayo, red onion, olive oil, salt & pepper. Add chicken.....\$1.00 extra
- Turkey & Smoked Gouda Panini** \$6.59
Turkey, gouda cheese, tomato & chipotle mayo
- Chicken Quesadilla** \$6.59
Fajita chicken, tomato, banana peppers, cheddar cheese, oil & parmesan cheese
- Chicken Fantasy Wrap** \$6.99
Chicken breast with portabella mushrooms, spinach, house chipotle mayo & provolone cheese on a tomato basil wrap
- Cuban Panini** \$6.59
Maple ham, pork loin, pickles, mustard & swiss cheese
- Portabella Panini** \$6.59
Portabella mushroom, roasted peppers, provolone cheese & chipotle mayo
- Steak & Cheese Panini** \$6.59
Onion, roasted peppers, provolone cheese and chipotle mayo
- Steak & Cheese Portabella Panini** \$6.59
same as Steak & Cheese with portabella mushrooms
- Reuben** \$6.59
Corned beef, sauerkraut, thousand island dressing and swiss cheese
- Hot Veggie Panini** \$6.59
Tomato, roasted peppers, swiss cheese, gouda, parmesan & chipotle mayo
- NEW!** **Empanada** \$3.99
Lean ground beef, yukon potatoes & natural spices

Combos

Soup & Half Sandwich	\$6.69
Soup & Side Caesar Salad or Side House Salad	\$6.29
Side Salad & Half Sandwich	\$6.69
Quiche Combo Soup or Side Salad	\$6.69

Soups

- Monday:** Cream of Broccoli & Cheese, Low Fat Chicken Noodle, Pasta Fagioli
Tuesday: Cream of Broccoli & Cheese, Southwest Chicken & Rice, Potato Bacon
Wednesday: Cream of Broccoli & Cheese, French Onion, Potato Bacon
Thursday: Cream of Broccoli & Cheese, Southwest Chicken & Rice, Potato Bacon
Friday: Boston Clam Chowder, Cream of Broccoli & Cheese, Pasta Fagioli
Saturday: Cream of Broccoli & Cheese, French Onion, Low Fat Chicken Noodle
Sunday: Potato Bacon, Low fat Chicken Noodle

Cup \$2.99 **Bowl** \$3.99 **Sourdough Bread Bowl** \$4.29

Salads

- Asian Time salad** \$6.59
Roasted herb chicken breast, toasted almonds, mandarin oranges, on a bed of romaine lettuce, tomato, red onion, carrots, served with a side of asian sesame dressing
- Summertime Salad** \$6.59
Roasted herb chicken breast, toasted pecans, asiago cheese on a bed of romaine lettuce, tomato, red onion, carrots, served with a side of raspberry vinaigrette
- Greek Salad** \$6.59 **Small.....**\$4.99
Homemade potato salad, feta cheese, peppers, cherry tomatoes and red oniona on a bed o romaine lettuce, served with greek dressing & coconut bread
- Winter Salad** \$6.59
Mixed greens, cherry tomatoes, red onions, toasted pecans, topped with cheva cheese, with raspberry vinaigrette & dried cherries
Add Roasted Herb chicken.....\$1.00 extra
- Edamame Yum Yum Salad** \$6.99
Mixed greens, cherry tomatoes, cheva cheese, edamame beans, red onions drizzled with pomegranate, served with a side of balsamic vinaigrette
- NEW!** **Mint Lime Salad** \$4.99
Diced romaine lettuce, fresh mint, tomatoes, red onions, cucumbers, fresh lime juice, olive oil & natural spices. Served with coconut bread (or chicago roll)
- Caesar Salad** \$4.49 **Side....**\$2.99 **Add Chicken....**\$2.00 extra
Romaine lettuce, parmesan cheese & baked croutons
- House Salad** \$4.49 **Side.....**\$2.99
Fresh romaine lettuce, cucumber, onion, cherry tomatoes & carrots
- Chef Salad** \$6.99
House salad with turkey, ham swiss & cheddar
(All Soups & Salads come with a side of Coconut Bread)

Kids

- Grilled Cheese Sandwich.....**\$3.99
Peanut Butter & Jelly.....\$3.99
(Potato Chips Included)